

Wellington Humane Society 203 W. Hillside Road Wellington, KS 67152 www.wellingtonhumanesociety.org (620) 440-4375

Location

The route will start and end at the Wellington Humane Society.

Aid Station & Heat Warning

Aid stations at the half way point of 5K, and the Start/Finish.

High temperatures and humidity can be dangerous to runners, therefore make sure you drink planty of fluids the morning of the race. if you begin to overheat, feel dizzy, or nauseated; seek aid immediately.

Refreshments

Post race refreshments for both races will be provided.

Refund Policy

This event will continue rain or shine. If there is lightning in the area, we will delay the start to 30 minutes from the last lightning strike. Even if it is decided to proceed with the race, please use your own discretion for your own decision to participate or not. no refunds will be issued. WELLINGTON HUMANE SOCIETY 203 W. HILLSIDE ROAD WELLINGTON, KS 67152



WHEAT FESTIVAL RUN FOR THE PAWS 5K AND 1 MILE WALK

JULY 9TH, 2022 5K - 7:30AM 1 MILE - 8:30AM



Wellington Humane Society 203 W. Hillside Road Wellington, KS 67152

The 2022 Run For The Paws 5K

The 2022 run consists of a 1 mile and a 5K (3.1 mile) race, both of which will be held on Saturday, July 9, 2022.

<u>The 5K will begin at 7:30a.m.</u> <u>The 1 mile will begin at 8:30 a.m.</u>

Both races will be ran in Wellington, KS starting at the Humane Society.

Pre-registration

Pre-registration will be \$30.00 for the 5K, \$15.00 for the 1 mile, and \$35.00 for both races. Race day registrations will be an extra \$5.00 per race.

T-shirts will be guaranteed to those who pre-register by **12:00 (Noon) on June 10, 2022.**

Race Packets

Race packets can be picked up at the Wellington Humane Society on Friday, July 8th from 2-7pm or on race day beginning at 6:30am. Race Day registration and packet pick up will be inside the lobby.

Register in person at:

Wellington Humane Society 203 W. Hillside Road Wellington, KS 67152

Medals

Finisher medals will be given to all participants at the completion of the races. Trophies will be awarded to the Top Male and Female 5K racer.

WALKERS WELCOME



RUN FOR THE PAWS WHEAT FESTIVAL 2022

Questions? Contact:

Jodie Hearlson (620) 440-4375 WHSdirector@wellingtonhumanesociety.org

> Register and pay online at: runsignup.com

Mail pre-registrations to: 203 W. Hillside Rd. Wellington, KS 67152

Race Registration

Name:
Address:
City:
State: Zip: Zip:
Daytime Phone:
Email:
Check if you would like to receive
updates from us.

Circle one: 1 mile 5K Both Circle one: Female Male Circle One: Adult: S M L XL XXL Youth: YS YM YL

Age on Race Day:_____

Registration Fees

Prior to June 10

5K Entry	\$30.00
1 Mile Entry	\$15.00
Both (5K & 1 mile)	\$35.00

Race Day Fees

5K Entry	\$35.00
1 Mile Entry	\$20.00
Both (5K & 1 mile)	\$40.00

Checks payable to: Wellington Humane Society

Waiver: (signature required to participate)

In consideration of my participation in the 2022 WHS Run For The Paws Run, I, the undersigned, intending to be legally bound hereby, for my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the sponsors, promoters, and all other persons associated with the 2022 WHS Run For The Paws Run for any and all injuries to me during, before, and following this event. I attest and verify that I am physically fit and trained for competition in this event.

I hereby grant permission to any and all of the foregoing to use any photographs, video tapes, motion picture, recordings, or any other record of the event for any legitimate purpose.